

PROSTATE RADIOTHERAPY PREPARATION

One hour before your simulation/treatment time you should drink about 20 ounces (2 bottles) of water.

For example, if your simulation/treatment is scheduled for 10:00am, you should urinate at 8:45am, and then drink 20 ounces of water between 8:45am and 9:00am. This allows enough time for the water to move to the bladder. We'd like you to feel the urge to urinate without being uncomfortable.

It is important that you complete drinking the 20 ounces of water 1 hour before your simulation/treatment to avoid delays.

You can maintain an empty rectum (including gas) for simulation and treatment by having a bowel movement within the 4 hours before simulation and each of your radiation treatments.

As always, if you have any questions, please let us know so we can assist.